

KUMASI AREA RESOURCE GUIDE FOR CHILDREN WITH DEVELOPMENTAL DISORDERS AND DISABILITIES

September 2019

SPECIALTY CLINICS				
Local Resource	Details	Eligibility/Criteria	Approximate Cost	Contact/Referral Information
Psychiatry Department at KATH	<p>Psychiatric evaluation and medication management for children with special needs: Tuesday clinic</p> <p>Psychotherapy (behavioral therapy): Tuesday, Friday</p> <p>Occupational Therapy for improving daily living skills: Tuesdays, in-home services available upon request</p> <p>Art Therapy: Tuesday, Friday</p> <p>School assessments for special school placement: Tuesday, Friday</p>	<p>Any child with behavioral concerns, school difficulty or developmental issues</p> <p>Examples of treated Disorders: Autism, ADHD, Intellectual Disability, Learning Disorders, Epilepsy, Depression/Anxiety, Enuresis</p>	<p>Cost determined by KATH Hospital</p> <p>Psychotherapy, Occupational therapy, Art Therapy and School Assessments are 50 GHC per session</p>	<p>Referral to KATH Psychiatry Required</p> <p>Location: KATH</p>
Rehabilitation Unit at KATH	<p>Monday Clinic with Dr. Abena Tannor (Family Medicine)</p> <p>Assessment and management of children with physical disabilities</p> <p>Clinic is multidisciplinary and includes evaluation by Dr. Tannor, Occupational Therapist and an Orthotics Specialist</p> <ul style="list-style-type: none"> - Medication management - Assessment for assistive devices (wheelchairs, special shoes, leg braces, standing frames) - Therapy treatment planning (physiotherapy, occupational therapy and speech) 	<p>Children with physical disabilities</p> <p>Children with confirmed or suspected Cerebral Palsy</p>	<p>Cost determined by KATH Hospital</p>	<p>Referral to Dr. Tannor in Rehabilitation Clinic Required</p> <p>Location: KATH</p>
ENT at KATH	<p>Speech Therapy Services: Tuesday</p> <p>Hearing Assessments</p>	<p>Children with speech issues (delayed speech, no speech, speech fluency difficulties)</p>	<p>Cost determined by KATH Hospital</p>	<p>Referral to ENT required</p> <p>Location: KATH</p>

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Pediatric Clinic at KATH (Room 10)	Neurology Clinic with Team of Pediatricians: Tuesday and Friday Assessment and Management of neurologic disorders, epilepsy, ADHD, Autism	Children with neurological or developmental disorders	Cost determined by KATH Hospital	Referral to Pediatric Neurology required Location: KATH, Room 10
Allen Clinic	Thursday Afternoon Neurology Clinic Assessment and Management of neurologic disorders, epilepsy, ADHD, Autism	Children with neurologic and developmental disorders	Cost determined by clinic and insurance status	Referral to Pediatric Neurology required Location: Allen Clinic, Ahinsan Estate near KNUST gate
North Suntreso Hospital	Wednesday Kangaroo Mother Care (KMC) Pediatric Clinic Open to all children with developmental concerns Multidisciplinary Clinic with pediatrics, physiotherapist, nutritionist and psychiatry nurses <ul style="list-style-type: none"> - Developmental monitoring - Early interventions services for children with birth complications (asphyxia, neonatal jaundice) 	-Children all ages with developmental issues -Infants born at Suntreso with birth complications enrolled internally -Children with complicated neurological or psychiatric disorders referred to KATH	Cost determined by Suntreso Hospital	Referral to Suntreso Pediatrics required Location: North Suntreso Hospital

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September 2019

SPECIAL SCHOOLS AND TREATMENT CENTRES				
Local Resource	Details	Eligibility/Criteria	Approximate Cost	Contact/Referral Information
Wings for Life	<p>Applied Behavioral Analysis (ABA) treatment center for Autism & Homework support for all children</p> <p>Programs Offered:</p> <ol style="list-style-type: none"> 1. ABA Program (supervision from South African ABA therapists who provide in person visitation and video supervision) 2. WINGS Program (modified ABA) 3. Homework and reading support <p>Services Offered (all 1:1 with therapist):</p> <ul style="list-style-type: none"> -Intensive behavioral therapy to address difficult behaviors, communication, speech and language development - Improving daily living skills -Toilet training -In home services and parent training -School facilitation and consultations -Tutoring for children without autism 	<ul style="list-style-type: none"> - Admission age 18 months and above - Accept children who need assistance with feeding - Accept children that are not toilet trained - Accept children with controlled seizures - Minimum participation of 20 hrs/week (4-5hrs x 4-5 days/week) 	<p>REGISTRATION</p> <p>ABA Program: 3,200 GHC WINGS Program: 1,600 GHC</p> <p>HOURLY RATES</p> <p>ABA Program: 25 GHC/hr (4-8hr/day x 5 days/wk)</p> <p>Wings Program: Less costly and intensive than ABA program</p> <p>ADDITIONAL MONTHLY COSTS</p> <p>ABA Program supervision from South Africa: 750 GHC/month</p> <p>Wings Program reviews and updates: 300 GHC/month</p> <p>*Weekend sessions and limited transportation available*</p>	<p>Mrs. Mercy Ampofo Co-Founder</p> <p>Contact Numbers: 0240050758/0500710344/0322022566</p> <p>Location: Daban, Kumasi</p> <p>No formal referral needed but should be high suspicion for autism by a clinician</p> <p>Admissions accepted year round</p> <p>Recommend family visit the school or website for additional information</p> <p>Website: www.wflghana.org; brighterfuture@wflghana.org Facebook: wflghana Aut. Intervention Twitter: Wings for Life Academy</p>
Little Haven Special School	<p>Inclusive Day School (classrooms include children with and without special needs)</p> <p>Curriculum incorporates TEACCH (teaching & education of autistic & communication related handicapped children) and other intervention models</p> <p>Multidisciplinary Health Team Provides:</p> <ul style="list-style-type: none"> -Physio, occupational, speech therapy and psychiatry services available at school -Toilet training -Improving daily living skills <p>Each classroom is well resourced with mainstream and special education teachers</p>	<ul style="list-style-type: none"> - Ages 1-10 years - Target mild-moderate disabilities - Accept children in wheelchairs - Accept children who are not toilet trained - Seizures should be moderately controlled - Dispense medications 	<p>Fees depend on child's individualized education and therapy plan</p> <p>Fees range from 450-850 GHC/month based on service package required</p> <p>Bus transportation available:</p> <ul style="list-style-type: none"> - 140-200 GHC/month depending on distance 	<p>Kate Kwakye Maafo, Head and Co-Founder of School</p> <p>Location: Nsenie near Silicon Hotel Junction by KNUST</p> <p>No formal referral needed</p> <p>Assessments are completed once a term. Admissions accepted year-round.</p> <p>Recommend family visit school or website for additional information</p> <p>Website: www.lhsggh.com Facebook: Little Haven School Kumasi</p>

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September 2019

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Garden City Special School	<p>Government Sponsored Special School for children with Intellectual Disability (ID) and Related Disorders</p> <p>Day school and boarding school (family must visit wards 3x/term minimum)</p> <p>Services Offered:</p> <ul style="list-style-type: none"> - Improving daily living skills - Vocational skills training - School nurse - Special Olympics 	<ul style="list-style-type: none"> - Ages 7-14 - Accept mild to severe ID but not profound ID - School assessment completed by KATH Psychiatry confirming ID - Children must be able to walk - Prefer boarders who are toilet trained, day students okay if not toilet trained - Dispense medications 	<p>No school fees, funding provided by Ghana Education Service</p> <p>Food provided</p> <p>Family must provide provisions (clothing, toiletries) for boarders</p> <p>Family must cover cost (50 GHC) of required school assessment at KATH Psychiatry</p>	<p>Rosaline Frimpongmaa Adjepong, Headmistress</p> <p>Location: Asokore Mampong</p> <p>Admission assessments are done annually starting in July</p> <p>If child is in school, must come with a referral letter from current school</p> <p>Family should visit the school with the child and/or Facebook page for more information</p> <p>Facebook: Garden City Special School (intellectually Disabled) Ksi, Ash. Gh.</p>
Edwenase Rehabilitation Centre	<p>Government Sponsored Rehabilitation Centre for adolescents and adults with a range of disabilities (visually impaired, hearing impaired, speech impairments, intellectual disability, learning disabilities and/or physical disabilities)</p> <p>Both day programming and boarding available</p> <p>Services Offered:</p> <ul style="list-style-type: none"> - Vocational skills training includes beading, basket making, sewing, rural crafts, shoe making - Improving daily living skills 	<ul style="list-style-type: none"> - Ages 12 to 45 - Students should be able to do basic self-care, but some exceptions are made - Accept students in wheelchairs - Students must have general medical assessment prior to admission - Dispense medications 	<p>No fee to family or student, funding provided by Social Welfare</p> <p>Food provided</p>	<p>Modesto Ayiwoni, Headmaster</p> <p>Location: Edwenase on Edwenase Road</p> <p>Assessments and admissions offered year round</p> <p>General medical assessment at hospital/clinic of family's choice prior to admission</p> <p>Student must be evaluated by social welfare and given a referral form prior to enrollment (can be done before or after school assessment)</p>

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September 2019

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Deduako Life Community Vocational Special School	<p>Government sponsored vocational special school for individuals with Intellectual Disabilities and Related Disorders</p> <p>Day school and boarding school (family must visit wards at least 2x/term)</p> <p>Services offered:</p> <ul style="list-style-type: none"> - Vocational training - Improving daily living skills - Social and communication skills - Work placement in the community - Special Olympics 	<ul style="list-style-type: none"> - Age 14 and above - Students must be able to walk - Students must be toilet trained - KATH psychiatry assessment confirming ID required - Dispense Medication 	<p>No school fees</p> <p>Family must fund following:</p> <ul style="list-style-type: none"> - School Assessment (15 GHC) - Required KATH Psychiatry School Assessment (50 GHC) -Provisions (bed, mattress, toiletries, clothing, etc) - PTA fees (85 GHC/term) 	<p>Mwini Joseph Stanley, Headteacher Email: Lifecommunity@yahoo.com</p> <p>Location: Deduako, Kumasi</p> <p>For more information, visit the school or website: deduakolifecommunityvocationalspecialschool.wordpress.com</p> <p>Admission annually in July, some admissions throughout the year depending on situation</p>
Algipeda Academy	<p>Day School for Children with Autism and Related Disorders</p> <p>Using modified ABA approach</p> <p>Services Offered:</p> <ul style="list-style-type: none"> - Improving challenging behaviors - Improving independence in activities of daily living - Social skills training - Vocational skills - Speech/communication skills (Picture Communication) - Toilet training <p>Parents involved in treatment plan, home plan also established</p>	<ul style="list-style-type: none"> -Ages 5-20 -Child must be able to walk -Accept children who are not toilet trained -Seizures should be moderately controlled -Dispense medications 	<p>Fees: 600 GHC/month</p> <p>Children bring their own food</p> <p>No transportation available currently</p>	<p>Dorcas Owusu, School Founder Phone: 024 331 8996</p> <p>Location: Agric Nwamase</p> <p>No formal referral needed</p>
Wonderland Kids Academy	<p>Providing children with speech difficulties the support they need to participate in Teaching and learning.</p> <p>School ran by speech therapist</p>	<ul style="list-style-type: none"> - Ages 4-12 - Inclusive, all children with speech difficulties accepted 	<p>Fees: 500 GHC/month (can vary depending on type of services)</p> <p>No transportation available currently</p>	<p>Emelia Sandra Ashigbor, School Founder Phone: 024 335 9296 Email: emeliaashiagbor@yahoo.com</p> <p>Location: Atonsu Feyase-Lake road</p> <p>Please contact for additional information</p>

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September 2019

NON-GOVERNMENTAL ORGANIZATIONS (NGO)				
Local Resource	Details	Eligibility/Criteria	Approximate Cost	Contact/Referral Information
Family First	<p>NGO supporting children with complex medical needs and disabilities</p> <p>Offer trainings to families and local facilities to benefit children with disabilities</p> <p>Sponsorship For:</p> <ul style="list-style-type: none"> - Medical treatment (physiotherapy, medical appointments) - Housing - Education - Nutritional support - Adaptive equipment (wheelchairs, special shoes, leg braces) 	<ul style="list-style-type: none"> - Children under age 16 - Children with disabilities - Children with complex medical needs - Family must be experiencing financial hardship 	<p>No cost to family</p> <p>No cost to facilities supporting children with disabilities who are seeking consultation or trainings from the organization</p>	<p>Fred, Ghana Director Phone: 024 208 6056</p> <p>Not currently accepting new families for sponsorship but please contact for more information</p> <p>Available to provide trainings to facilities supporting children with disabilities</p> <p>For more information visit: Facebook: Family First-Ghana Website: www.familyfirstghana.com</p>
Kids Single Parent Care Foundation (KSPC)	<p>NGO supporting children with Cerebral Palsy and their families</p> <p>Provide sponsorship for medical care, food, and help make houses more accessible</p> <p>Help family access government support funds</p> <p>Family support groups available</p> <p>Work with local Pastors and organizations to increase awareness and reduce stigma</p>	<p>No age restrictions</p> <p>Children with cerebral palsy and severe intellectual disability who are unable to walk preferred</p>	<p>No cost to the family</p>	<p>Martha Opoku Agyeman, C.E.O Phone: 054 542 0823</p> <p>Please contact for additional information</p>

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September 2019

OTHER RESOURCES				
Local Resource	Details	Eligibility/Criteria	Approximate Cost	Contact/Referral Information
Bamboo Bikes and Wheelchairs	<p>Build custom made wheelchairs out of bamboo</p> <p>Various wheelchair types available, foldable and non-foldable</p> <p>Take approximately one week to build</p>	N/A	500-1000 GHC depending on type of wheelchair (foldable is more expensive)	<p>Solomon Phone: 024 091 5871</p> <p>Bernice, Founder Phone: 026 815 1491</p> <p>Location: Adom opposite National Youth Council</p> <p>Facebook: Ghana Bamboo Bikes Website: ghanabamboobikes.org</p>
Government Disability Funds	<p>Small amount of government sponsorship offered for children with disabilities and their families</p> <p>Livelihood Empowerment Against Poverty (LEAP) funding may be available</p>	Children with disabilities	No cost to the family	Visit Social Welfare or District Assembly for more information

Document Prepared by Dr. Nakita Natala August 2019
 Please contact Dr. Natala for questions, corrections
 and/or to add additional resources to the list
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